

# EXPECTING THE BEST STUDY GUIDE WEEK 1

Welcome and Open in Prayer

Introductions – Name, occupation, how long lived in area,  
how you came to St. Paul's, family info

Key Elements to “50 Days of Faith”

1. Sunday Services – Sermons
2. Weekly Memory Verses
3. Daily Devotional Guide
4. Weekly Small Groups
5. “How My Faith Has Grown” Form

For 50 Days we will be thinking about our faith.

Define and Discuss FAITH:

Review Sunday's Message  
**David and Goliath**  
*I Samuel 17:1-52*

What was said that helped you understand faith better from  
Sunday's service?

What was important or spoke to you?

## Memory Verse

Week 1

*“Without faith it is impossible to please God, because  
anyone who comes to God must first believe that He exists  
and that He rewards those who earnestly seek Him.”*

Hebrews 11:6

## READ PSALM 5

How does King David view God?

What characteristic of God does this Psalm reveal?

How does He see God viewing evil and wickedness?

What did David mean in verse 7 about worship?

***David tuned into God each morning, thought about the promises of God each day, trusted in God's love when things looked grim, and talked with others who believed as he did.***

What is David's prayer for his enemies?  
Does that seem appropriate?

Which of these is the easiest for you to do or neglect?

### **READ PSALM 42**

When David asks questions are they addressed to himself or to God?

What happens when you neglect these things in your own life?

What do you think he is saying?

Ask for a story or illustration – you may share one from your own life to start...

What helps David through difficult times?

Close in prayer:

Keep track from week to week.

Is it wrong to ask "WHY?"

Open prayer, silence or aloud.