

St. Paul's Notes

THE ANTIDOTE TO ANXIETY

God's Answer to Your Needs - Part 4 of 8

July 15, 2007

"Don't worry about anything; instead pray about everything; tell God your needs." Philippians 4:6 (LB)

"This is how you should pray. . . . Give us today our daily bread."
Matthew 6:11

1. Ask _____

"Give us today our daily bread."

". . . You do not have because you do not ask God!"
James 4:2

"God is the source of all life. . ." Numbers 16:32 (GN)

God is my source:

- * Source of Wisdom (Psalms 36:9)
- * Source of Strength (Isaiah 48:5)
- * Source of Joy (Psalms 43:4)
- * Source of Hope (Romans 15:13)
- * Source of Peace (Romans 15:33)
- * Source of Patience (Hosea 15:5)
- * Source of Salvation (Hebrews 5:9)
- * Source of Encouragement (Romans 15:5)

2. Remember _____

"Give us today our daily bread."

"God will supply all that you ever need from his glorious resources in Christ Jesus." Philippians 4:19 (Ph)

(JB) ". . . as lavishly as only God can."

"Don't worry at all about having enough food and clothing . . . our heavenly Father already knows perfectly well that you need them, and He will give them to you if you give him first place in your life. . ." Matthew 6:32-33 (LB)

"Since God didn't spare even his own Son for us but gave him up for us all, won't he also surely give us everything else?"
Romans 8:3 (LB)

3. Trust _____

"Give us today our daily bread."

"Don't be anxious about tomorrow. God will take care of your tomorrow too. Live one day at a time." Matthew 6:34 (LB)

(NIV) "Each day has enough trouble of its own!"

"Praise the Lord . . . who DAILY bears our burdens."
Psalms 68:19

"If you were asked by your son for bread, would you give him a stone? How much more likely is it that your heavenly Father will give good things to those who ask him?" Matthew 7:1